

# IATC Senior All-Star Womens - 5K

## DMACC Campus, Ankeny, IA

### Nov. 9, 2013

Sunny, 55 & Wind W 15-25mph

Results by Andrew Kauder, Kauder Racing Results Ser  
AVG. TIME SPREAD

| PLACE | TEAM      | POINTS | SCORES |    |    |    |    |    |    |       | AVG. TIME | SPREAD |
|-------|-----------|--------|--------|----|----|----|----|----|----|-------|-----------|--------|
| 1     | Northwest | 16     | 1      | 2  | 3  | 4  | 6  | 7  | 8  | 19:40 | 0:1:00    |        |
| 2     | Northeast | 55     | 5      | 9  | 12 | 14 | 15 | 18 | 19 | 20:53 | 1:20      |        |
| 3     | Southeast | 67     | 10     | 11 | 13 | 16 | 17 | 20 | 21 | 21:10 | 0:41      |        |

Incomplete Teams: Southwest

| PLACE | FINISHER | TIME | PACE |
|-------|----------|------|------|
|-------|----------|------|------|

#### 1. Northwest

|   |                                   |       |      |
|---|-----------------------------------|-------|------|
| 1 | Leah Seivert, Sibley-Ocheyedan    | 19:11 | 6:10 |
| 2 | Sam Larson, Humboldt              | 19:33 | 6:17 |
| 3 | Tiffany Christensen, Eagle Grove  | 19:40 | 6:20 |
| 4 | Bethany Dykstra, Moc/Floyd Valley | 19:44 | 6:21 |
| 6 | Miranda Moss, Sioux Center        | 20:11 | 6:30 |
| 7 | Tangy Wiseman, Algona             | 20:19 | 6:32 |
| 8 | Allison Higgins, Greene County    | 20:22 | 6:33 |

Total Time = 98:17    Total Places = 16

#### 2. Northeast

|    |  |       |      |
|----|--|-------|------|
| 5  | Allison Culver, Cr Kennedy             | 19:59 | 6:26 |
| 9  | Emily Campbell, Charles City           | 20:43 | 6:40 |
| 12 | Kelly Minear, Decorah                  | 21:05 | 6:47 |
| 14 | Kate Sheehy, Crestwood                 | 21:17 | 6:51 |
| 15 | Lydia Hayes, Decorah                   | 21:19 | 6:51 |
| 18 | Morgan Stuckenschneider, Cr Washington | 21:37 | 6:57 |
| 19 | Madiso Stuckenschneider, Cr Washington | 21:43 | 6:59 |

Total Time = 104:21    Total Places = 55

#### 3. Southeast

|    |                               |       |      |
|----|-------------------------------|-------|------|
| 10 | Shannon Mullnix, Williamsburg | 20:50 | 6:42 |
| 11 | Megan Goemaat, North Mahaska  | 20:58 | 6:45 |
| 13 | Tara Vos, Lynnville-Sully     | 21:07 | 6:48 |
| 16 | Kaylee Miller, Se Warren      | 21:24 | 6:53 |
| 17 | Courtney Neuendorf, Se Polk   | 21:31 | 6:55 |
| 20 | Kimberlee Ewart, Wapello      | 21:43 | 6:59 |
| 21 | Sydney Swanson, Pella         | 21:50 | 7:02 |

Total Time = 105:48    Total Places = 67

| PLACE | TEAM | FINISHER                          | TIME  | PACE | TEAM      |
|-------|------|-----------------------------------|-------|------|-----------|
| 1     | 1    | Leah Seivert, Sibley-Ocheyedan    | 19:11 | 6:10 | Northwest |
| 2     | 2    | Sam Larson, Humboldt              | 19:33 | 6:17 | Northwest |
| 3     | 3    | Tiffany Christensen, Eagle Grove  | 19:40 | 6:20 | Northwest |
| 4     | 4    | Bethany Dykstra, Moc/Floyd Valley | 19:44 | 6:21 | Northwest |
| 5     | 5    | Allison Culver, Cr Kennedy        | 19:59 | 6:26 | Northeast |
| 6     |      | Michelle Mumm, Tri-Center         | 20:09 | 6:29 | Southwest |
| 7     | 6    | Miranda Moss, Sioux Center        | 20:11 | 6:30 | Northwest |

|    |    |  |       |      |           |
|----|----|--|-------|------|-----------|
| 8  | 7  | Tangy Wiseman, Algona                  | 20:19 | 6:32 | Northwest |
| 9  | 8  | Allison Higgins, Greene County         | 20:22 | 6:33 | Northwest |
| 10 |    | Sadie Timms, Gilbert                   | 20:32 | 6:36 | Northwest |
| 11 | 9  | Emily Campbell, Charles City           | 20:43 | 6:40 | Northeast |
| 12 | 10 | Shannon Mullnix, Williamsburg          | 20:50 | 6:42 | Southeast |
| 13 |    | Holly McKinney, I-35                   | 20:52 | 6:43 | Southwest |
| 14 |    | Cierra Guerrero, Spencer               | 20:56 | 6:44 | Northwest |
| 15 | 11 | Megan Goemaat, North Mahaska           | 20:58 | 6:45 | Southeast |
| 16 | 12 | Kelly Minear, Decorah                  | 21:05 | 6:47 | Northeast |
| 17 | 13 | Tara Vos, Lynnville-Sully              | 21:07 | 6:48 | Southeast |
| 18 |    | Dana Vogel, Ankeny Centennial          | 21:09 | 6:48 | Northwest |
| 19 |    | Sarah Lunn, Roland-Story               | 21:12 | 6:49 | Northwest |
| 20 | 14 | Kate Sheehy, Crestwood                 | 21:17 | 6:51 | Northeast |
| 21 | 15 | Lydia Hayes, Decorah                   | 21:19 | 6:51 | Northeast |
| 22 |    | Megan Deist, Audubon                   | 21:23 | 6:53 | Northwest |
| 23 | 16 | Kaylee Miller, Se Warren               | 21:24 | 6:53 | Southeast |
| 24 | 17 | Courtney Neuendorf, Se Polk            | 21:31 | 6:55 | Southeast |
| 25 | 18 | Morgan Stuckenschneider, Cr Washington | 21:37 | 6:57 | Northeast |
| 26 |    | Mandy Brown, Valley Wdm                | 21:40 | 6:58 | Southwest |
| 27 | 19 | Madiso Stuckenschneider, Cr Washington | 21:43 | 6:59 | Northeast |
| 28 | 20 | Kimberlee Ewart, Wapello               | 21:43 | 6:59 | Southeast |
|    |    |  |       | 7:00 | Pace      |
| 29 |    | Hannah Wohlers, Charles City           | 21:47 | 7:01 | Northeast |
| 30 | 21 | Sydney Swanson, Pella                  | 21:50 | 7:02 | Southeast |
| 31 |    | Kristin Mackenburg, Cr Washington      | 21:51 | 7:02 | Northeast |
| 32 |    | Reeann McCarty, West Delaware          | 21:52 | 7:02 | Northeast |
| 33 |    | Katelyn Melcher, Ankeny Centennial     | 21:54 | 7:03 | Northwest |
| 34 |    | Lindsay Vande Lune, Decorah            | 22:00 | 7:05 | Northeast |
| 35 |    | Emma Bravard, Dallas Center Grimes     | 22:02 | 7:05 | Northwest |
| 36 |    | Halee Rahbusch, South O'Brien          | 22:08 | 7:07 | Northwest |
| 37 |    | Emma Luhmann, Se Webster               | 22:12 | 7:08 | Northwest |
| 38 |    | Samantha Stokes, Denver                | 22:14 | 7:09 | Northeast |
| 39 |    | Sam Sinclair, North Polk               | 22:18 | 7:10 | Northwest |
| 40 |    | Sybbie Sears, North Polk               | 22:35 | 7:16 | Northwest |
| 41 |    | Jayme Blaser, Osage                    | 22:43 | 7:18 | Northeast |
| 42 |    | Bailey Kuhl, Harlan                    | 22:57 | 7:23 | Northwest |
| 43 |    | Taylor Ellenbecker, South Tama         | 23:05 | 7:26 | Northeast |
| 44 |    | Taylor Hills, Columbus Community       | 23:09 | 7:27 | Southeast |
| 45 |    | Kirsten Elvea, HmS                     | 23:11 | 7:27 | Northwest |
| 46 |    | Mary Fober, Sumner Fredericksburg      | 23:25 | 7:32 | Northeast |
| 47 |    | Jackii Roeder, West Delaware           | 23:48 | 7:39 | Northeast |
| 48 |    | Maaike Frerking, Waverly-Shell Rock    | 23:48 | 7:40 | Northeast |
| 49 |    | Miranda Fober, Denver                  | 23:57 | 7:42 | Northeast |
|    |    |  |       | 8:00 | Pace      |
| 50 |    | Madison Hewitt, Waterloo East          | 24:53 | 8:01 | Northeast |